

**RunFest Wales, 25th June 2016. Provisional Results 5K**

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	Gun Time	Position	Chip Time	Position
109	James	McNally	M	1	MSENIOR	1	LIVERPOOL HARRIERS	00:16:06	1	00:16:05	1
117	Owen	Roberts	M	2	MJUNIOR	1	ERYRI HARRIERS	00:16:32	2	00:16:32	2
116	John Edward	Morris	M	3	MSENIOR	2	DENBIGH HARRIERS	00:16:43	3	00:16:42	3
85	Craig	Ottolini	M	4	MV45	1	MARKET DRAYTON RUNNING CLUB	00:18:19	4	00:18:18	4
98	Ralph	Pawling	M	5	MSENIOR	3	PENSBY RUNNERS	00:18:31	5	00:18:29	5
43	Flynn	Gordon	M	6	MJUNIOR	2		00:18:38	6	00:18:37	6
100	Matthew	Smith	M	7	MSENIOR	4	PRESTATYN RUNNING CLUB	00:18:40	7	00:18:38	7
104	Shaun	Hughes	M	8	MSENIOR	5		00:18:54	8	00:18:53	8
27	Mark	Fowles	M	9	MSENIOR	6	CARDIFF AAC	00:19:03	9	00:19:01	9
80	Mike	Robbins	M	10	MV50	1	WREXHAM AAC	00:19:05	10	00:19:05	10
73	Leon	Bagnall	M	11	MJUNIOR	3	PRESTATYN RUNNING CLUB	00:19:22	11	00:19:21	11
99	Amie	Bagnall	F	1	FSENIOR	1	PRESTATYN RUNNING CLUB	00:19:33	12	00:19:32	12
33	Alex	Cumming	M	12	MJUNIOR	4	MENAI TRACK AND FIELD	00:19:39	13	00:19:37	13
95	Roman	Hodgson	M	13	MJUNIOR	5	DEESIDE AAC	00:19:50	14	00:19:45	14
112	Gemma	Moore	F	2	FSENIOR	2	NWRRC	00:20:00	15	00:19:58	15
12	Rheagan	Edwards	F	3	FJUNIOR	1	DEESIDE AAC	00:20:05	16	00:20:00	16
71	Arfon	Hughes	M	14	MV45	2	MEIRIONNYDD RUNNING CLUB	00:20:10	17	00:20:08	17
50	Lewis	Jones	M	15	MSENIOR	7		00:20:17	18	00:20:15	18
15	Jon	Marsden	M	16	MV45	3		00:20:28	19	00:20:26	19
97	Felicity	Wolohan	F	4	FSENIOR	3	LYTHAM ST ANNES ROAD RUNNERS	00:20:33	20	00:20:30	20
32	Josh	Cumming	M	17	MJUNIOR	6	MENAI TRACK AND FIELD	00:20:37	21	00:20:33	21
22	Mark	Tait	M	18	MV45	4		00:20:43	22	00:20:41	22
89	Samantha	Dutton	F	5	FV35	1	BUCKLEY RUNNERS	00:21:01	23	00:20:58	23
94	Mike	Hodgson	M	19	MV45	5		00:21:04	24	00:20:58	24
17	Neil	Ringstead	M	20	MV40	1	ELLESMERE PORT RUNNING CLUB	00:21:15	25	00:21:12	25
83	Emma	Hollinshead	F	6	FV40	1	CANNOCK & STAFFORD A C	00:21:23	26	00:21:21	26
34	Suzy	Cumming	F	7	FV40	2		00:21:33	27	00:21:29	27
91	Benjamin	Harrison	M	21	MJUNIOR	7	PRESTATYN RUNNING CLUB	00:22:25	28	00:22:24	29
67	Jordan	Pattison	M	22	MSENIOR	8		00:22:53	29	00:22:11	28
111	Jenna	Bagnall	F	8	FJUNIOR	2	PRESTATYN RUNNING CLUB	00:23:16	30	00:23:12	30
21	Dom	Thompson	M	23	MSENIOR	9		00:24:23	31	00:23:56	31
44	Helen	Roberts	F	9	FV40	3		00:24:28	32	00:24:19	32
66	Barrie	Roberts	M	24	MV70	1	BOURNVILLE HARRIERS	00:25:23	33	00:25:04	33
79	Kevin	Williams	M	25	MV40	2		00:26:36	34	00:26:14	35
35	Ian	Pears	M	26	MSENIOR	10		00:26:39	35	00:25:57	34
18	Joseph	Holliday	M	27	MSENIOR	11	SALTAIRE STRIDERS	00:27:09	36	00:26:27	36
105	Gabriella	Sanderson	F	10	FSENIOR	4		00:27:19	37	00:27:14	38
57	Huw	Selby	M	28	MSENIOR	12		00:27:37	38	00:26:51	37
118	Stephen	Jones	M	29	MV55	1	NWRRC	00:27:52	39	00:27:24	39
77	Jacob	Guy	M	30	MJUNIOR	8		00:28:14	40	00:27:56	40
78	Cieran	Williams	M	31	MJUNIOR	9		00:28:14	41	00:27:56	41
76	Kristian	Guy	M	32	MV35	1		00:28:23	42	00:28:04	42
60	Kim	Burgess	F	11	FSENIOR	5		00:28:30	43	00:28:26	43
119	Karl	Sadil	M	33	MV35	2	MENAI TRACK AND FIELD	00:28:31	44	00:28:29	44
56	Patricia	Thomas	F	12	FV55	1		00:28:56	45	00:28:34	46

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55	Rachel	Jones	F	13	FSENIOR	6		00:28:57	46	00:28:35	47
102	David	Munday	M	34	MV50	2		00:29:12	47	00:28:45	48
58	Adam	Squire	M	35	MSENIOR	13		00:29:18	48	00:28:31	45
108	Wendy	Malcolm	F	14	FV50	1	DENBIGH HARRIERS	00:29:25	49	00:29:03	49
101	Paul	Lewis	M	36	MV40	3		00:29:26	50	00:29:15	50
49	Tanya	Jones	F	15	FSENIOR	7		00:29:49	51	00:29:44	51
53	Richard	Hughes	M	37	MV45	6		00:30:03	52	00:29:51	54
54	Anna	Mcmanus	F	16	FV40	4		00:30:03	53	00:29:51	53
110	Kirsty	Dodgson	F	17	FV40	5		00:30:34	54	00:29:45	52
65	Abigail	Wooding	F	18	FJUNIOR	3		00:30:47	55	00:30:22	56
47	Debra	Allison	F	19	FSENIOR	8		00:31:02	56	00:30:16	55
107	Karl	Balz	M	38	MV55	2		00:31:05	57	00:30:55	60
75	Susan	Thomas	F	20	FV55	2		00:31:07	58	00:30:53	59
103	Ron	Birch	M	39	MV70	2	DENBIGH HARRIERS	00:31:15	59	00:30:43	58
40	Linda	Drayton	F	21	FV55	3		00:31:30	60	00:30:34	57
20	Paul	Gaines	M	40	MV50	3		00:31:37	61	00:31:10	61
74	Katy	Allison	F	22	FSENIOR	9		00:32:13	62	00:31:28	62
70	Alisa	Seddon	F	23	FJUNIOR	4		00:32:14	63	00:31:42	63
87	Luis	Gomez	M	41	MV55	3	FONDISTES PENEDES	00:32:20	64	00:31:42	64
24	Karen	Bagnall	F	24	FV40	6	PRESTATYN RUNNING CLUB	00:32:41	65	00:32:38	68
62	Steve	Morrish	M	42	MV40	4		00:32:42	66	00:32:23	66
61	Hannah	Morrish	F	25	FV35	2		00:32:42	67	00:32:23	65
51	William	Tomlinson	M	43	MSENIOR	14		00:32:50	68	00:32:46	70
96	Derek	Hughes	M	44	MV60	1	KNOWSLEY HARRIERS AC	00:33:04	69	00:32:29	67
25	Samantha	Wood	F	26	FV35	3		00:33:17	70	00:32:42	69
52	Rachel	Blair	F	27	FV35	4		00:33:18	71	00:33:14	71
30	Rhodri	Williams	M	45	MJUNIOR	10		00:33:23	72	00:33:16	72
13	Carys	Williams	F	28	FV50	2		00:33:23	73	00:33:17	74
45	Tina	Chapman	F	29	FV45	1		00:33:57	74	00:33:33	75
46	Ashleigh	Bugler	F	30	FSENIOR	10		00:34:11	75	00:33:16	73
84	Rachel	Southall	F	31	FV35	5		00:35:12	76	00:35:01	79
64	Emma	Best	F	32	FJUNIOR	5		00:35:19	77	00:34:49	77
63	Samantha	Best	F	33	FV45	2		00:35:20	78	00:34:49	76
92	Peter	Collinson	M	46	MV70	3		00:35:43	79	00:34:58	78
81	Clare	Evans	F	34	FV35	6		00:35:48	80	00:35:37	80
41	Sergi	Luque	M	47	MSENIOR	15	FONDISTES PENEDES	00:36:15	81	00:35:37	81
86	Kristi	Chesterton	F	35	FV35	7		00:36:38	82	00:36:28	82
1	Neil	Williams	M	48	MV45	7		00:37:12	83	00:36:57	84
2	Lea	Brookes	F	36	FV45	3		00:37:12	84	00:36:56	83
26	Hannah	Green	F	37	FSENIOR	11		00:37:41	85	00:37:28	86
114	Nichola	Cooper	F	38	FV45	4		00:37:58	86	00:37:12	85
37	Steve	Evans	M	49	MV50	4		00:38:58	87	00:38:33	87
38	John	Sparrow	M	50	MV50	5		00:38:58	88	00:38:33	88
88	Rachel	Whitelegg	F	39	FV40	7	WINSTON RUNNERS	00:39:10	89	00:38:42	89
42	Michael	Obrien	M	51	MV60	2		00:39:27	90	00:39:12	90

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4	Andy	Coolican	M	52	MV50	6		00:40:13	91	00:39:17	91
14	Tarah	Tomkins	F	40	FV35	8		00:40:50	92	00:39:57	92
10	Andrew	Sturgess	M	53	MV50	7		00:40:50	93	00:40:26	93
115	Andrew	Ronkowski	M	54	MSENIOR	16		00:41:17	94	00:40:33	95
113	Suzy	Hooson	F	41	FV45	5	GOG	00:41:29	95	00:40:33	94
48	Julie	Hall	F	42	FV50	3		00:42:53	96	00:42:30	96
3	Toyah	Coolican	F	43	FV35	9		00:44:58	97	00:44:05	97
31	Sam	Robertson	F	44	FSENIOR	12		00:46:47	98	00:45:54	98
11	Sheila	Symonds	F	45	FV80	1	MEIRIONNYDD RUNNING CLUB	00:48:09	99	00:47:31	99