

Run Fest Wales - 5K Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position
50	Russell	Bentley	M	1	MSEN	1	00:15:13	1	00:15:11	1
23	Joshua	Griffiths	M	2	MSEN	2	00:15:14	2	00:15:13	2
74	James	Mills	M	3	MSEN	3	00:15:28	3	00:15:27	3
11	Chris	Prior	M	4	M35-39	1	00:15:42	4	00:15:41	4
139	James	McNally	M	5	MSEN	4	00:15:45	5	00:15:43	5
16	Lee	Jones	M	6	M40-44	1	00:15:45	6	00:15:44	6
8	Ricky	Challinor	M	7	MSEN	5	00:15:50	7	00:15:49	7
59	Tomos	Roberts	M	8	MSEN	6	00:16:07	8	00:16:05	8
10	Steve	Rees	M	9	M35-39	2	00:16:09	9	00:16:08	9
27	Oliver	Williams	M	10	MSEN	7	00:16:21	10	00:16:20	10
73	Dean	Longley	M	11	MSEN	8	00:16:22	11	00:16:21	11
55	Carwyn	Evans	M	12	MSEN	9	00:16:29	12	00:16:28	12
49	Ben	Williams	M	13	MSEN	10	00:16:32	13	00:16:31	13
90	Gethin	Holland	M	14	MSEN	11	00:16:40	14	00:16:38	14
1342	Daniel	Kashi	M	15	MSEN	12	00:16:41	15	00:16:39	15
9	Nathaniel	Lane	M	16	M35-39	3	00:16:45	16	00:16:43	16
87	Joe	Monk	M	17	MU20	1	00:16:47	17	00:16:45	17
46	Swensson	Martin	M	18	M35-39	4	00:16:57	18	00:16:55	18
96	Gary Wyn	Davies	M	19	MSEN	13	00:16:59	19	00:16:57	19
62	Richard	Wilder	M	20	M40-44	2	00:17:16	20	00:17:14	20
103	Andrew	Campbell	M	21	M35-39	5	00:17:19	21	00:17:17	21
56	John Edward	Morris	M	22	MSEN	14	00:17:24	22	00:17:21	22
100	John	Ford	M	23	M40-44	3	00:17:29	23	00:17:27	23
115	Mike	Pfeiffer	M	24	M45-49	1	00:17:41	24	00:17:38	24
124	Llyr	Lewis	M	25	MSEN	15	00:17:53	25	00:17:51	25
36	Jodi	Waters	M	26	M35-39	6	00:18:08	26	00:18:06	26
85	Gordon	Jones	M	27	M55-59	1	00:18:12	27	00:18:09	27
75	Edward	Land	M	28	M35-39	7	00:18:19	28	00:18:17	28
107	Katie	Parry	F	1	FSEN	1	00:18:24	29	00:18:22	29
39	Mike	Robbins	M	29	M50-54	1	00:18:34	30	00:18:32	30
29	Gary	Blackwell	M	30	M45-49	2	00:18:47	31	00:18:45	31
142	Richard	Hirons	M	31	M45-49	3	00:18:51	32	00:18:49	32
41	Vic	Belshaw	M	32	M50-54	2	00:18:52	33	00:18:49	33

63	Sally	Wilder	F	2	FSEN	2	00:19:23	34	00:19:21	34
21	David	Baugh	M	33	M50-54	3	00:19:39	35	00:19:36	35
114	Arwel	Lewis	M	34	M55-59	2	00:19:41	36	00:19:39	36
22	Sharon	Leech	F	3	F40-44	1	00:19:46	37	00:19:43	37
122	Tomas	Aldous	M	35	MU20	2	00:19:52	38	00:19:47	38
70	Jacob	Richmond	M	36	MSEN	16	00:19:55	39	00:19:52	39
144	Steve	Bunker	M	37	M45-49	4	00:20:01	40	00:19:56	40
91	Arfon	Hughes	M	38	M45-49	5	00:20:37	41	00:20:33	41
102	George	Nixon	M	39	M60-64	1	00:20:43	42	00:20:38	42
79	Andrew	Yates	M	40	M50-54	4	00:20:51	43	00:20:47	43
137	Martin	Cortvriend	M	41	M60-64	2	00:21:00	44	00:20:56	44
84	Konrad	Roberts	M	42	M45-49	6	00:21:06	45	00:21:02	45
42	Fred	Jones	M	43	M55-59	3	00:21:12	46	00:21:08	46
37	Emma	Collins	F	4	F50-54	1	00:21:17	47	00:21:13	47
68	Paul	Allen	M	44	M65-69	1	00:21:20	48	00:21:16	48
118	Russ	Cheetham	M	45	M45-49	7	00:21:46	49	00:21:38	49
67	Graeme	Stringer	M	46	M45-49	8	00:21:50	50	00:21:41	50
143	Zoe	Eyre	F	5	F35-39	1	00:21:53	51	00:21:50	51
71	Victoria	Whitehead	F	6	F40-44	2	00:22:11	52	00:22:01	52
82	Abbie	Cheetham	F	7	FU20	1	00:22:15	53	00:22:11	54
15	Chris	Baldwin	M	47	M60-64	3	00:22:18	54	00:22:08	53
117	Mark	Mayers	M	48	M45-49	9	00:22:32	55	00:22:28	55
686	Russell	Williams	M	49	M40-44	4	00:22:44	56	00:22:35	57
43	Chris	Birch	F	8	F65-69	1	00:22:59	57	00:22:57	60
66	Barrie	Roberts	M	50	M70-74	1	00:23:01	58	00:22:57	59
129	Godfrey	James	M	51	MU20	3	00:23:05	59	00:22:43	58
58	Kevin	Dixon	M	52	M55-59	4	00:23:07	60	00:22:32	56
33	Benjamin	Harrison	M	53	MU20	4	00:23:09	61	00:23:02	61
53	Keven	Coughlin	M	54	M55-59	5	00:23:13	62	00:23:10	62
88	Kay	Hatton	F	9	F50-54	2	00:23:19	63	00:23:15	63
136	Gethin	Jones	M	55	MU20	5	00:23:20	64	00:23:17	64
94	Wyn	Roberts-Parry	M	56	M40-44	5	00:23:35	65	00:23:24	65
131	Jack	Robertson	M	57	MU20	6	00:23:39	66	00:23:34	66
106	Cheryl Ann	Frost	F	10	F45-49	1	00:23:53	67	00:23:48	67
110	Victoria	Conry	F	11	F35-39	2	00:23:58	68	00:23:51	68
130	S	Stephens	M	58	MU20	7	00:24:36	69	00:24:30	70

14	William	Finnie	M	59	MU20	8	00:24:39	70	00:24:15	69
133	Gerogia	Parkinson	F	12	FU20	2	00:24:43	71	00:24:33	71
34	Dale	Molloy	M	60	M40-44	6	00:25:08	72	00:24:45	72
72	Jon	Whitehead	M	61	M40-44	7	00:25:22	73	00:25:11	73
134	Abbi	Parkinson	F	13	FU20	3	00:25:23	74	00:25:13	74
140	Samuel	Cain	M	62	MU20	9	00:25:44	75	00:25:40	75
18	Don	Bullough	M	63	M55-59	6	00:25:54	76	00:25:47	76
54	Mary	Muse	F	14	F60-64	1	00:26:31	77	00:26:15	77
128	Hugh	Godfrey	M	64	M40-44	8	00:26:45	78	00:26:21	78
104	Karl	Sadil	M	65	M35-39	8	00:27:14	79	00:27:12	81
80	Roger	Harrison-Jones	M	66	M75-79	1	00:27:27	80	00:27:12	80
127	Christine	Clark	F	15	F40-44	3	00:27:29	81	00:27:07	79
61	Menai	Baugh	F	16	F55-59	1	00:27:34	82	00:27:22	82
99	Martin Garth	Willaims	M	67	M65-69	2	00:27:38	83	00:27:33	84
83	Val	Brennan	F	17	F55-59	2	00:27:43	84	00:27:34	85
52	Andrew	Morris	M	68	M35-39	9	00:27:43	85	00:27:24	83
111	Roy	Pownall	M	69	M65-69	3	00:27:51	86	00:27:46	88
38	Simon	Wilkins	M	70	M50-54	5	00:27:56	87	00:27:45	87
138	Martin	Foster	M	71	M50-54	6	00:28:00	88	00:27:37	86
13	Jenna	Hall	F	18	FU20	4	00:28:31	89	00:28:09	89
141	Sioned	Snelson	F	19	FSEN	3	00:28:39	90	00:28:29	91
125	Julie	Logan	F	20	F35-39	3	00:28:42	91	00:28:22	90
135	Cain	Muse	M	72	MU20	10	00:28:50	92	00:28:34	92
26	Jennifer	Johnson	F	21	FU20	5	00:29:05	93	00:28:41	93
146	Joanna	Edwards	F	22	F40-44	4	00:29:06	94	00:28:45	95
121	Saxon	Cowley	F	23	FSEN	4	00:29:07	95	00:28:42	94
145	Angela	Sheppard	F	24	F55-59	3	00:29:30	96	00:29:03	96
149	Pippa	Hardwick	F	25	F35-39	4	00:29:54	97	00:29:34	97
32	Elinor	Owen	F	26	FSEN	5	00:30:02	98	00:29:39	100
108	Logan	Joyce	M	73	MU20	11	00:30:03	99	00:29:37	98
123	Wendy	Malcolm	F	27	F50-54	3	00:30:04	100	00:29:48	102
109	Tyler	Joyce	M	74	MU20	12	00:30:05	101	00:29:39	99
150	Tish	Joyce	f	28	F45-49	2	00:30:08	102	00:29:42	101
89	John	Hatton	M	75	M65-69	4	00:30:13	103	00:29:56	103
93	Karen	Bagnall	F	29	F40-44	5	00:30:42	104	00:30:31	104
57	Kathryn	Snaith	F	30	F40-44	6	00:31:06	105	00:30:44	106

60	Louise	Wallace	F	31	FSEN	6	00:31:06	106	00:30:56	107
116	Donna	Bolton	F	32	F35-39	5	00:31:10	107	00:30:38	105
97	Daniel	Jones	M	76	MU20	13	00:31:44	108	00:31:12	108
1091	Sue	Cowley	F	33	F45-49	3	00:31:58	109	00:31:31	109
81	Ray	Billington	M	77	M80+	1	00:32:06	110	00:31:50	110
17	Anthony	Jones	M	78	M40-44	9	00:32:40	111	00:32:20	111
20	David	Smith	M	79	M45-49	10	00:33:22	112	00:33:10	112
1343	Yasmin	Murphy	F	34	FU20	6	00:33:45	113	00:33:27	115
6	Mike	Roberts	M	80	MSEN	17	00:33:47	114	00:33:19	113
119	Nia	Bird	F	35	F40-44	7	00:33:48	115	00:33:26	114
98	Samantha	Jones	F	36	F35-39	6	00:34:03	116	00:33:30	116
48	Carole	Williams	F	37	FSEN	7	00:34:03	117	00:33:55	119
45	Karen	Dunning	F	38	F45-49	4	00:34:08	118	00:33:52	117
35	Meryl	Ridgway	F	39	F55-59	4	00:34:08	119	00:33:53	118
28	Andrew	Sturgess	M	81	M45-49	11	00:34:18	120	00:34:12	120
78	Alyson	Worrall	M	82	M40-44	10	00:34:54	121	00:34:17	121
77	Cora	Jevams	F	40	F40-44	8	00:36:23	122	00:35:50	122
76	Neil	Firth	M	83	M50-54	7	00:36:24	123	00:35:50	123
2	Neil	Marshall	M	84	M35-39	10	00:36:27	124	00:35:53	124
1	Tracy	Marshall	F	41	F35-39	7	00:36:30	125	00:35:55	125
92	Alison	Forde	F	42	F45-49	5	00:36:38	126	00:36:11	126
7	Sarah	Jones	F	43	FSEN	8	00:36:40	127	00:36:13	127
31	Philomena	Hesketh	F	44	F60-64	2	00:38:25	128	00:37:52	128
132	Catherine	Evans	F	45	FSEN	9	00:38:50	129	00:38:14	129
95	Andy	Coolican	M	85	M45-49	12	00:38:59	130	00:38:24	130
126	Dilys	Bennett	F	46	F50-54	4	00:39:11	131	00:38:35	131
148	Kellie	Pryce	F	47	FSEN	10	00:39:13	132	00:38:37	132
112	Anna-Marie	Owen	F	48	F35-39	8	00:41:09	133	00:40:49	134
19	Toyah	Coolican	F	49	FSEN	11	00:41:20	134	00:40:46	133
147	Susan	Hooson	F	50	F40-44	9	00:42:32	135	00:41:59	135
25	Vanessa	Bamforth	F	51	F40-44	10	00:42:40	136	00:42:27	136
69	Helen	Taylor	F	52	FSEN	12	00:42:41	137	00:42:27	137
65	Denise	Williams	F	53	F55-59	5	00:43:21	138	00:43:07	138
44	Eleri	Parry	F	54	F40-44	11	00:43:44	139	00:43:27	139
30	Sheila	Symonds	F	55	F80+	1	00:46:16	140	00:45:46	140
47	Graham	Berry	M	86	M35-39	11	00:54:34	141	00:53:53	141

Club
Eryri Harriers
Swansea Harriers
Cardiff AAC
Salford harriers
Deeside AAC
liverpool harriers
Meirionnydd Running Club
Neath Harriers
Les Croupiers RC
Prestatyn Running Club
Menai Track & Field
Aberystwyth A C
Eryri Harriers
Cardiff AAC
Blackburn Harriers
Penny Lane Striders
Aberystwyth University Harrier
San Domenico
Wrexham Tri Club
Denbigh Harriers
North Wales Road Runners
Brecon AC
Aberystwyth University Harrier
Abergele Harriers
Prestatyn Running Club
Aberystwyth A C
Leeds City AC
Wrexham AAC
Deeside AAC
Denbigh Harriers

San Domenico
Denbigh Harriers
Eryri Harriers
Carmarthen Harriers
Wilmslow Running Club
Meirionnydd Running Club
Prestatyn Running Club
Meirionnydd Running Club
Denbigh harriers
North Wales Road Runners
Denbigh Harriers
denbigh harriers
HalesowenA&CC;
Prestatyn Running Club
Meirionnydd Running Club
Wilmslow Running Club
Denbigh Harriers
Prestatyn Running Club
Denbigh harriers
Abergele Harriers
Cybi Striders
Abergele Harriers
Bournville Harriers / Welsh Ma
Prestatyn Running Club
North Wales Road Runners
North Wales Road Runners

Denbigh Harriers
Wilmslow Running Club
Menai Track & Field
Prestatyn Running Club
Denbigh Harriers
Eryri Harriers
Chorlton Runners
Denbigh Harriers
Wilmslow Running Club
Prestatyn Running Club
IIUK Ltd
Denbigh Harriers
Ilkley Harriers AC
North Wales Road Runners

