

Provisional Results - North Wales Half Marathon 2013

Position	Time	Name	Team	Category	Entry No.
1	1:20:14	SAYER, Steffan	Menai Track and Field	Senior Male	220
2	1:20:48	WILLIAMS, Mark	F1 Runners KL	Male Vet - 40	248
3	1:22:05	OWEN, Gwyn	Eryri Harriers	Male Vet - 35	442
4	1:22:47	MALLISON, Pete	South Cheshire Harriers	Male Vet - 40	356
5	1:23:13	BETTELEY, David	South Cheshire Harriers	Male Vet - 40	353
6	1:23:38	MILLETT, Chris	Shelton Striders	Senior Male	336
7	1:24:33	WATKINS, Scott	Bristol & West	Senior Male	430
8	1:26:48	FONTANA, Gianpaolo	Valchiese	Male Vet - 40	201
9	1:27:11	LANDELLS, Martin	Pudsey & Bramley AC	Male Vet - 50	389
10	1:27:22	BLAZIER, Darren	Abergele Harriers	Male Vet - 40	427
11	1:27:45	ROBERTS, Simon	Buckley RC	Male Vet - 40	392
12	1:28:07	HUNTER, Richard	Shropshire Shufflers	Senior Male	233
13	1:29:13	FELLICK, Jeremy	Wallasey AC	Male Vet - 45	348
14	1:30:00	JONES, Paul	Eryri Harriers	Male Vet - 40	450
15	1:30:43	HUGHES, Lee	Lymm Runners	Male Vet - 35	393
16	1:30:46	OWEN, Dewi	Eryri Harriers	Male Vet - 35	333
17	1:30:52	ARMSTRONG, Robert	Abergele Harriers	Senior Male	429
18	1:32:51	WILLIAMS, Owain H		Senior Male	354
19	1:33:25	WILLIAMS, Mark	Deestridders RC	Male Vet - 45	315
20	1:34:14	STEWART, Jamie		Senior Male	273
21	1:34:27	AMES, Nathan		Male Vet - 35	203
22	1:35:20	SURDA, Pavol	Chester Tri	Senior Male	157
23	1:35:52	ELLIS, Dave	Cybi Striders	Senior Male	332
24	1:36:05	EASTHOPE, Lyndon	Pennylane Striders	Male Vet - 35	65
25	1:36:33	PARKIN, David		Senior Male	290
26	1:36:33	DAVIES, Dale		Senior Male	398
27	1:36:54	SAXTON, Luke		Senior Male	61
28	1:37:05	SMITH, Richard	Preston Harriers	Senior Male	173
29	1:37:12	GRINDLEY, Paul	Airecentre Pacers RC	Male Vet - 45	159
30	1:37:16	THOMAS, Jason	Cybi Striders	Male Vet - 40	436
31	1:37:33	ERLANDSON, Karen		Senior Female	339
32	1:37:36	HAKES, Chris	Keighley & Craven AC	Male Vet - 35	329
33	1:37:39	WOODFIELD, Christopher	Aberystwyth University Harriers RC	Senior Male	399
34	1:38:27	JONES, Peter M W		Male Vet - 50	451
35	1:38:40	NALDER, David	Ellesmere Port RC	Male Vet - 55	14

36	1:38:47 FREEMAN, Bob	West Cheshire AC	Male Vet - 55	222
37	1:39:02 DOWD, Tom		Male Vet - 35	163
38	1:39:18 SALT, James	Mysteruns	Male Vet - 35	149
39	1:39:19 HOLLAND, Matthew		Senior Male	155
40	1:39:24 JONES, Dewi		Senior Male	272
41	1:39:31 BUTCHER, Russ		Senior Male	7
42	1:39:38 O'NEILL, Stephen		Male Vet - 60	287
43	1:39:42 DANAOS, Antony		Male Vet - 35	404
44	1:39:44 SLATER, Catherine		Senior Female	33
45	1:40:33 HICKINBOTTOM, James	Wrekin Road Runners	Senior Male	440
46	1:40:39 BRITTON, Sean	Wirral AC	Senior Male	334
47	1:40:48 DALTON, Andrew	Warrington Road Runners	Male Vet - 40	373
48	1:41:10 BILLINGTON, Steven		Junior Male - U20	239
49	1:41:14 KETTLE, Jonathan	Dirty Daps Muddy Tracks	Male Vet - 35	312
50	1:41:18 LING, Matthew		Male Vet - 40	253
51	1:41:49 PIERCE, Jason		Senior Male	420
52	1:41:54 WRIGHT, Paul		Male Vet - 35	127
53	1:42:07 MURPHY, Anthony	Red Rose Road Runners	Male Vet - 40	206
54	1:42:18 WELLS, Barrie	NWRRRC	Male Vet - 60	286
55	1:42:37 CARTLEDGE, Roger		Male Vet - 40	232
56	1:42:52 DAVIES, Mark	NWRRRC	Male Vet - 35	428
57	1:43:24 DAVENPORT, Tony	Salford Metropolitan AC	Male Vet - 35	32
58	1:43:39 GORE, Steven	Red Rose Road Runners	Senior Male	55
59	1:43:47 CARTER, Paul	Bangor University AC	Male Vet - 35	313
60	1:44:03 JONES, Anthony		Senior Male	268
61	1:44:26 NUNNEY, Andrew		Male Vet - 35	11
62	1:44:33 GORDON, Louise	South Cheshire Harriers	Female Vet - 40	432
63	1:45:06 LOVERIDGE, Andrew		Male Vet - 50	402
64	1:45:18 WADDINGTON, Jay		Male Vet - 35	169
65	1:45:37 CHEETHAM, Russ	Prestatyn RC	Male Vet - 45	223
66	1:46:09 EVANS, Steve	Danum Harriers	Male Vet - 50	448
67	1:46:14 ROBERTS, Gwyn		Male Vet - 40	282
68	1:46:19 LYON, David		Senior Male	96
69	1:46:28 ROBERTS, Steven Paul		Male Vet - 45	74
70	1:46:29 BRIERLEY, Ian		Male Vet - 45	150
71	1:46:48 FARRINGTON-NEWMAN, Simeon		Male Vet - 35	16
72	1:46:56 CAIN, Patrick		Male Vet - 50	438
73	1:47:03 HUGHES, Chris		Senior Male	338
74	1:47:06 JONES, Arwel	Prestatyn RC	Male Vet - 50	295
75	1:47:14 BROOKWELL, Louise		Senior Female	280
76	1:47:26 YATES, Andy		Male Vet - 45	2

77	1:47:43 CUMMING, Suzy		Female Vet - 35	278
78	1:47:47 CANO, Carlos		Senior Male	376
79	1:47:49 BELL, David		Senior Male	75
80	1:48:01 JONES, Bethan Dobson		Senior Female	424
81	1:48:11 LANGLEY, Philip		Senior Male	103
82	1:48:21 FIELDSEND, Mark		Male Vet - 40	120
83	1:48:28 CORR, Peter		Male Vet - 40	36
84	1:48:42 POOLE, Terry	Thornton Cleveleys RC	Male Vet - 50	44
85	1:48:50 EVANS, John Gwynn	Aberystwyth AC	Male Vet - 65	41
86	1:48:58 HUGHES, Paul	Sefton RC	Male Vet - 45	447
87	1:48:59 LITTLE, Nick		Male Vet - 55	444
88	1:49:04 EVANS, Jon	NWRRC	Male Vet - 45	165
89	1:49:05 HADLEY, Paul	Wrekin Road Runners	Male Vet - 45	284
90	1:49:06 SPRUCE, Paul		Senior Male	145
91	1:49:11 SEWARD, Stephen		Male Vet - 40	79
92	1:49:21 HAULKER, Dave		Male Vet - 35	366
93	1:49:27 GODDING, Neil		Senior Male	238
94	1:49:35 KILMISTER, Andrew		Male Vet - 45	193
95	1:50:00 HELLMAN, Toby		Male Vet - 45	322
96	1:50:20 WALTERS, Peter	Winston Runners	Male Vet - 55	106
97	1:50:21 HAYWARD, Tracey	SYTri	Female Vet - 40	359
98	1:50:26 ACTON, Carl	Stockport Harriers	Senior Male	51
99	1:51:04 MALLANAOHY, Paul	Liverpool Womens Running Club	Male Vet - 35	224
100	1:51:27 HIGGINS, Kevin	NWRRC	Male Vet - 50	452
101	1:51:31 HUGHES, Karl		Male Vet - 35	386
102	1:51:34 VERDIN, Gillan	Liverpool Running Club	Senior Female	277
103	1:51:47 MASON, Paul	Atherton Running Club	Male Vet - 35	85
104	1:51:57 SPRIGGS, Paul	Wrekin Road Runners	Male Vet - 45	4
105	1:52:07 O'HARE, Emma		Female Vet - 35	87
106	1:52:12 ENGLISH, Anthony		Male Vet - 40	269
107	1:52:26 LORD, Anne Marie	Oldham and Royton Harriers	Female Vet - 45	168
108	1:52:28 WHITE, James	Westbourne Running Club	Male Vet - 35	188
109	1:52:41 GAMBLIN, Mark		Male Vet - 45	251
110	1:52:43 SUTHERLAND, Helen		Female Vet - 40	355
111	1:52:48 ARMSTRONG, Tony		Male Vet - 45	395
112	1:52:58 LEWIS, David		Male Vet - 40	335
113	1:53:30 REYLONDS, Laura		Female Vet - 35	310
114	1:53:47 OWEN, Rebecca		Senior Female	68
115	1:53:49 KIRKMAN, Debbie	Red Rose Road Runners	Female Vet - 40	42
116	1:53:49 UTTING, Cliff	Red Rose Road Runners	Male Vet - 60	43
117	1:53:57 MYCIO, Stephen		Male Vet - 55	154

118	1:53:58	JONES, Nathan		Senior Male	267
119	1:54:01	PARRY, Adam		Senior Male	116
120	1:54:09	HORTON, Michael	North Staffs Road Running Assoc.	Male Vet - 65	190
121	1:54:09	WEBSTER, Robert	Tattenhall Runners	Male Vet - 50	247
122	1:54:14	ASHLEY, Charles		Male Vet - 55	426
123	1:54:18	KNIGHT, Gary		Male Vet - 45	380
124	1:54:27	LAWRENCE, Sam	Riversway RR	Senior Male	425
125	1:54:49	GRIFFITHS, Sion	Cybi Striders	Male Vet - 45	378
126	1:55:17	REES, Joe		Senior Male	143
127	1:55:21	BROOK, Nic		Male Vet - 35	62
128	1:55:25	ROBERTS, Gaz		Male Vet - 40	70
129	1:55:30	RIMINGTON, David		Male Vet - 35	35
130	1:55:32	SEINGIER, Sophie	Stockport Harriers	Female Vet - 40	314
131	1:55:49	GOODSON, Lesley	NWRRC	Female Vet - 45	164
132	1:55:52	MCLEOD, Gordon	Sunlight Runners	Male Vet - 50	53
133	1:56:04	SHUKER, Mark	BTR	Male Vet - 35	217
134	1:56:06	MUIR, Jan		Female Vet - 45	46
135	1:56:15	CLARK, Richard		Senior Male	311
136	1:56:28	GRESTY, Paul		Senior Male	124
137	1:56:37	DAVIES, Leon		Male Vet - 35	326
138	1:56:51	FOULKES, Dan		Senior Male	93
139	1:57:21	BEARDMORE, Neil		Male Vet - 35	350
140	1:57:21	SPRUCE, Matthew		Senior Male	146
141	1:57:33	BUTCHER, Jane		Senior Female	6
142	1:57:34	DIMMOCK, Carl		Male Vet - 45	182
143	1:57:35	LAWNICZAK, Paulina		Senior Female	270
144	1:57:40	ELLIS, Gareth		Male Vet - 45	441
145	1:57:46	JONES, Mark	NWRRC	Male Vet - 40	446
146	1:57:48	RATCHFORD, Martin		Senior Male	358
147	1:57:59	WILLIAMS, Kerry		Female Vet - 35	281
148	1:58:07	EMBERTON, Richard		Male Vet - 40	205
149	1:58:12	SCOTT, Mike		Male Vet - 50	396
150	1:58:13	MALONE, John	Winston Runners	Male Vet - 55	158
151	1:58:18	JONES, Tracey	Dragons RC (Sale)	Senior Female	387
152	1:58:22	SIDDALL, Adele	Dragons RC (Sale)	Female Vet - 40	381
153	1:58:31	KASPROWICZ, Tom	Road Runners Club	Male Vet - 45	316
154	1:58:32	SMITH, John		Male Vet - 40	264
155	1:58:37	GARNETT, Christopher	Airecentre Pacers RC	Senior Male	343
156	1:58:45	WILLIAMS, Geraint		Senior Male	368
157	1:59:06	DAVIES, Michael	Tattenhall Runners	Male Vet - 50	327

158	1:59:11 PUGH, David		Male Vet - 50	175
159	1:59:12 WILLIAMS, David John		Male Vet - 50	439
160	1:59:36 MCVHEY, Graham		Male Vet - 40	234
161	1:59:41 WALKER, John	NWRRRC	Male Vet - 45	298
162	1:59:43 DAVISON, Stephen		Male Vet - 35	365
163	1:59:51 NEWCOMBE, Selina		Senior Female	131
164	1:59:57 THATCHER, Carl		Senior Male	301
165	2:00:06 EVANS, David		Male Vet - 45	183
166	2:00:13 JOHNSON, Ian		Male Vet - 40	300
167	2:00:16 LUCAS, Darren	Team BTR	Senior Male	388
168	2:00:23 BONGO, Paddy		Male Vet - 35	305
169	2:00:34 CLIFFORD, Peter		Senior Male	197
170	2:00:45 JONES, Glyn		Male Vet - 60	265
171	2:00:46 JONES, Mark	Oswestry Olympians	Male Vet - 40	104
172	2:00:51 BYROM, Andrew	Pudsey Pacers RC	Male Vet - 45	296
173	2:01:02 ALLISON, Dean		Senior Male	246
174	2:01:34 WAKE, Sarah		Senior Female	78
175	2:01:38 VARE, Lindsay	Saddleworth Runners	Senior Female	401
176	2:01:39 GODDING, Joe		Senior Male	244
177	2:01:48 RAMSEY, Richard		Senior Male	126
178	2:01:48 CROSS, Emily		Senior Female	129
179	2:01:55 LUHRMANN, Silke		Female Vet - 45	114
180	2:01:57 JACKSON, Tony	Fetcheveryone RC	Male Vet - 45	331
181	2:02:03 HENNESSEY, Daniel		Male Vet - 40	221
182	2:02:11 WILLIAMS, Christina		Senior Female	125
183	2:02:31 BLAKEMORE, Ian	Eryri Harriers	Male Vet - 55	166
184	2:02:34 THOMPSON, Mark		Male Vet - 45	363
185	2:02:37 MURRAY, Christopher		Senior Male	52
186	2:02:41 O'BRIEN, Mike	Deestriders RC	Male Vet - 55	255
187	2:02:45 EVANS, Bleddyn		Male Vet - 35	258
188	2:03:01 PEEVER, Gavin		Male Vet - 35	449
189	2:03:17 ROBINSON, Colin		Male Vet - 40	437
190	2:03:22 MORRIS, Mark	Warrington Road Runners	Male Vet - 35	80
191	2:03:24 AINSWORTH, Karen		Female Vet - 45	288
192	2:03:33 VICARI, Manuela		Female Vet - 35	237
193	2:03:35 STEVENSON, Laura	Dragons RC (Sale)	Senior Female	375
194	2:03:36 SMITH, Philip		Male Vet - 45	283
195	2:03:36 GALLAGHER, John		Senior Male	231
196	2:03:59 ROBERTS, Steven		Male Vet - 45	302
197	2:04:38 LONGMAN, Simon		Male Vet - 60	249
198	2:04:41 THOMAS, Oliver	Skipton AC	Senior Male	337

199	2:04:49 GRUBER, Edith	Cybi Striders	Senior Female	117
200	2:04:52 ZAMORSKI, Witold		Senior Male	421
201	2:04:54 JAMES, Natalie		Senior Female	259
202	2:05:12 AYRES, Julian		Senior Male	293
203	2:05:22 KELLY, Tina	Keighley & Craven AC	Female Vet - 35	328
204	2:05:29 DAVIES, Thea	Virgin Active Cardiff Running Club	Senior Female	13
205	2:05:30 HARDY, Tony	Sula Runners	Male Vet - 50	289
206	2:05:47 JONES, Sue	Cybi Striders	Female Vet - 50	185
207	2:05:54 WADON, Roger	Prestatyn RC	Male Vet - 40	105
208	2:06:05 LEWIS, Jo	Prestatyn RC	Female Vet - 40	400
209	2:06:07 JONES, Jeff		Male Vet - 40	245
210	2:06:23 BUSHELL, Stephen		Male Vet - 40	196
211	2:06:39 CRAWFORD, Alistair		Male Vet - 50	235
212	2:06:49 JACKSON, Leonard	NWRRC	Male Vet - 55	423
213	2:06:55 FINNEY, Louise	Mow Cop Runners	Female Vet - 35	369
214	2:07:01 BLOOR, Laura		Senior Female	110
215	2:07:07 JAMES, Phil	Oswestry Olympians	Male Vet - 50	28
216	2:07:21 MOORE, Chris		Male Vet - 50	321
217	2:08:04 PLEMING, Aled		Male Vet - 45	180
218	2:08:25 MCCOLL, Jim		Male Vet - 60	212
219	2:08:37 ROBERTS, Elena Gwyn		Senior Female	72
220	2:08:45 MCARDLE-WATSON, Stephanie		Senior Female	102
221	2:09:04 HUGHES, Vicki		Female Vet - 35	209
222	2:09:23 LONG, Terrance	Pennylane Striders	Male Vet - 60	325
223	2:09:43 WARD, Gareth		Male Vet - 50	15
224	2:10:05 PARR, David	Sandbach Striders	Male Vet - 40	213
225	2:10:07 GUY, David	Swinton RC	Male Vet - 50	362
226	2:10:12 GERTLER, Christoph		Male Vet - 35	276
227	2:10:13 HEAD, David		Senior Male	241
228	2:10:17 SKILKY, Michael		Senior Male	132
229	2:10:43 BARNES, James	Uknetrunner	Male Vet - 50	397
230	2:10:56 COOPER, Matthew		Senior Male	115
231	2:11:00 TAYLOR, Paul		Senior Male	360
232	2:11:00 CSIZMADA, Gillian	Wrexham AAC	Female Vet - 50	306
233	2:11:03 PLEASANT, Keith		Senior Male	304
234	2:11:07 ROBERTS, Sandy	Prestatyn RC	Female Vet - 55	167
235	2:11:10 WILSON, Roger		Male Vet - 50	434
236	2:11:12 VINEETH KUMAR, Balakrishna		Male Vet - 40	64
237	2:11:14 PRATT, Jonathan		Senior Male	211
238	2:11:17 PARKER, Dawn		Female Vet - 45	176

239	2:11:22 STOKES, Ian	Sandwell Valley RC	Male Vet - 45	256
240	2:12:07 DUNKERLEY, Steve		Male Vet - 45	252
241	2:12:09 SKILLIN, Shane		Senior Male	161
242	2:12:23 CLIFFORD, Paul		Male Vet - 45	370
243	2:12:27 BELL, Andrew	Congleton Harriers	Male Vet - 50	119
244	2:12:40 MORRIS, Vicky	Maldwyn Harriers	Female Vet - 45	262
245	2:12:41 ZACHARIAS, James		Male Vet - 35	142
246	2:12:53 SKILKY, Hayley		Senior Female	178
247	2:12:55 HETHERINGTON, John		Male Vet - 45	26
248	2:13:18 PINNINGTON, Sam		Senior Male	379
249	2:13:23 JONES, John	Prestatyn RC	Male Vet - 55	195
250	2:13:33 ANDERSON, Paul		Male Vet - 40	340
251	2:13:41 GLEAVE, Stephen		Male Vet - 40	141
252	2:13:59 BAAS, Jaco		Male Vet - 45	263
253	2:14:14 FOLLY, Paul		Senior Male	330
254	2:14:27 WILLIAMSON, Julie	Horwich RMI Harriers	Female Vet - 40	257
255	2:14:31 MALE, Cheryl	Run in Wirral	Female Vet - 40	191
256	2:14:31 ETZO, Antioco		Male Vet - 40	275
257	2:14:37 BLACK, Jack		Male Vet - 45	27
258	2:14:51 CORDINGLEY, Jayne	Cheadle RC	Female Vet - 35	225
259	2:14:55 SHERRIFF, Simon		Male Vet - 50	285
260	2:14:59 HURLEY, Robert	Wrekin Road Runners	Male Vet - 50	170
261	2:15:21 EDNEY, Stewart		Male Vet - 45	140
262	2:15:30 WOOD, Hannah		Female Vet - 35	189
263	2:15:40 BLACK, Jack		Male Vet - 45	27
264	2:16:23 KEMP, Ian		Male Vet - 55	303
265	2:16:28 CROMPTON, Lisa	Dragons RC (Sale)	Senior Female	377
266	2:16:31 PHEASANT, Colin	Cannock Chase Harriers	Male Vet - 55	405
267	2:16:32 SUMNER, Helen		Senior Female	347
268	2:16:46 DAVIES, Roger		Male Vet - 60	210
269	2:17:02 ASHFORD, Laura	Tattenhall Runners	Senior Female	243
270	2:17:11 PALMER, Lucy		Senior Female	308
271	2:17:36 ROBERTS, Nathan		Senior Male	435
272	2:17:38 THOMAS, Stephen	Para Fit Running Club	Senior Male	122
273	2:17:53 BULLEN, Dave		Male Vet - 60	317
274	2:17:54 TAYLOR, David Peter		Male Vet - 45	342
275	2:17:54 VERNON, Karen		Female Vet - 50	341
276	2:17:55 MAIRE, Cheryl		Senior Female	318
277	2:18:05 NORRIS, Michael	Deestridders RC	Male Vet - 50	320
278	2:18:19 PUMFORD, John		Senior Male	431
279	2:18:35 JAMES, Alex		Senior Male	443

280	2:18:52 JONES, Cheryl	Deestridders RC	Senior Female	25
281	2:20:09 QUINN, Clare		Senior Female	394
282	2:20:09 GOODSON, Beverley	Deestridders RC	Female Vet - 40	38
283	2:20:26 MASTERS, Thomas		Senior Male	403
284	2:20:36 REID, Dave	Chester Tri	Male Vet - 50	261
285	2:20:38 JONES, Paul		Male Vet - 40	346
286	2:20:47 WAINWRIGHT, Janice	Chase Harriers	Female Vet - 45	184
287	2:21:14 RALPHS, Derek		Male Vet - 50	23
288	2:21:47 HADFIELD, Maureen	Winston Runners	Female Vet - 50	135
289	2:22:07 BAGGS, Emily	Virgin Active Cardiff Running Club	Senior Female	58
290	2:22:44 WILLIAMS, Michael		Male Vet - 45	349
291	2:23:06 SHIRLEY, Sarah		Female Vet - 35	109
292	2:23:07 WHISTON, Rob		Male Vet - 60	319
293	2:23:09 LOGAN, Julie	Prestatyn RC	Female Vet - 40	121
294	2:23:57 GRIFFITHS, Steve		Male Vet - 35	40
295	2:24:29 ALLEN, Catherine		Female Vet - 40	361
296	2:24:40 LITTLE, Matthew		Junior Male - U20	445
297	2:24:57 ALBUTT, John		Male Vet - 60	323
298	2:25:27 MORGAN, Sarah		Senior Female	294
299	2:25:45 RICK, Rachel	Pennylane Striders	Female Vet - 50	24
300	2:25:45 LEECH, James		Senior Male	50
301	2:26:28 LUSTIG, Andrew		Male Vet - 35	162
302	2:26:49 EDWARDS, Alun		Male Vet - 40	48
303	2:27:15 DAVIDSON, Summer		Senior Female	82
304	2:27:20 KORNDAL, Mai-britt		Female Vet - 35	204
305	2:27:25 ROSS, Netta		Female Vet - 60	324
306	2:27:52 ROBERTS, Iorwerth	Eryri Harriers	Male Vet - 65	390
307	2:28:10 SHIPTON, Mandi		Female Vet - 40	208
308	2:28:28 PARKIN, Alex		Senior Female	202
309	2:28:32 BAILEY, Natalie	South Cheshire Harriers	Senior Female	352
310	2:30:27 GORMAN, Julie		Female Vet - 40	345
311	2:31:08 VERNON, Nadine		Senior Female	344
312	2:32:10 CARR, Julie	Winston Runners	Female Vet - 45	118
313	2:33:14 DUNCAN, Loraine		Female Vet - 45	187
314	2:33:58 WICKENS, Colin		Male Vet - 50	9
315	2:34:01 JONES, Emma		Senior Female	60
316	2:34:26 STODDART, Daniel		Senior Male	128
317	2:35:02 PARR, Stephen		Male Vet - 40	383
318	2:35:02 BARROW, Jenny		Female Vet - 45	382
319	2:36:09 LAPWORTH, Dianne	Mow Cop Runners	Female Vet - 60	291

320	2:38:59 EDWARDS, Joan	NWRRRC	Female Vet - 50	49
321	2:39:02 TOMOS, Heledd		Senior Female	83
322	2:39:18 WILLIAMS, Mathew		Male Vet - 35	230
323	2:41:38 MCARDLE, Rosemarie		Female Vet - 35	101
324	2:42:13 GOMEZ, John		Male Vet - 55	200
325	2:42:43 TOLSON, Tania		Senior Female	384
326	2:43:57 WAREING, Brian		Male Vet - 70	274
327	2:44:54 RICHARDS, Megan Haf		Junior Female - U20	181
328	2:48:43 THORPE, James		Senior Male	8
329	2:49:52 BURGOYNE-DAWSON, Debbie		Female Vet - 50	81
330	2:54:45 CRAWFORD, Anwen Evans		Female Vet - 45	73
331	2:54:47 EVANS, Valmai		Female Vet - 50	422
332	2:55:08 WILLIAMS, Joanne	Para Fit Running Club	Senior Female	123
333	2:55:08 CHAFFEY, Ian	Para Fit Running Club	Senior Male	250
334	2:58:04 THREADGOLD, Rosemarie		Female Vet - 65	134
335	3:03:44 BARLOW, John		Senior Male	391
336	3:05:54 HOWARD, Darryl		Male Vet - 55	374
337	3:06:48 SIMONDS, Jessica		Junior Female - U20	216
338	3:06:48 BREEZE, Phil		Senior Male	433
339	3:09:42 MUNDELL, Gary		Male Vet - 50	297
340	3:16:05 BRIERLEY, Kathryn		Junior Female - U20	18
341	3:35:00 KANG, Su		Female Vet - 35	192