

Rhyl 5 and 10 Mile

Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTim	GunTim	Pos.
5Mile									
535	Marc Johnson	M	1.	Male 21-34	1.	(Wrexham)	28:53	28:56	1.
534	James Jones	M	2.	Male 21-34	2.	Chester Triathlon Club	29:11	29:15	2.
601	Rhys Bowden	M	3.	Male 12-20	1.	(Weaverham)	29:17	29:20	3.
586	Llyr	M	4.	Male 45-49	1.	North Wales Road	29:26	29:29	4.
563	William Williams	M	5.	Male 45-49	2.	Prestatyn	30:39	30:42	5.
567	Darren Martin	M	6.	Male 50-54	1.	Winston Runners	30:46	30:47	6.
579	Neil Hershaw	M	7.	Male 55-59	1.	West Cheshire AC	31:21	31:24	7.
539	Stephen Stocker	M	8.	Male 45-49	3.	Prestatyn	31:43	31:44	8.
581	Shelley Childs	M	9.	Male 45-49	4.	Vorsprung	32:07	32:11	9.
603	Alison Cole	F	1.	Female 45-49	1.	(Chester)	32:18	32:20	10.
545	Malcolm Down	M	10.	Male 60-64	1.	Cannock and Stafford AC	32:48	32:49	11.
519	David Bridge	M	11.	Male 40-44	1.	BTR Roadrunners	33:11	33:13	12.
504	David Ainsworth	M	12.	Male 60-64	2.	Altrincham	34:42	34:45	13.
594	Gerallt Morris	M	13.	Male 21-34	3.	(Llanberis)	34:55	34:55	14.
572	Craig Smith	M	14.	Male 35-39	1.	(Rhyl)	34:53	35:04	15.
560	Peter Merville	M	15.	Male 60-64	3.	Sthelens striders	35:41	35:47	16.
569	Shane Jones	M	16.	Male 21-34	4.	(Llanberis)	36:23	36:24	17.
526	Emma	F	2.	Female 50-54	1.	Cannock & Stafford AC	36:28	36:39	18.
508	Amy Foster	F	3.	Female 21-34	1.	Prestatyn Running Club	36:58	37:06	19.
605	Simon Nixon	M	17.	Male 60-64	4.	(St Asaph)	37:23	37:27	20.
575	Cheryl Frost	F	4.	Female 55-59	1.	NWRRRC	37:31	37:36	21.
583	Barry Smith	M	18.	Male 40-44	2.	Cybi Striders	37:28	37:46	22.
561	Kingsley	M	19.	Male 40-44	3.	(Preston)	38:36	38:54	23.
544	Joanne Edwards	F	5.	Female 55-59	2.	Cheshire Dragons	38:55	39:07	24.
596	Caroline Barrow	F	6.	Female 45-49	2.	Widnes Running Club	39:32	39:46	25.
536	Edward Cooper	M	20.	Male 45-49	5.	(Hawarden)	39:31	39:51	26.
562	Gwynne Owen	M	21.	Male 45-49	6.	(Llanfairfechan)	40:07	40:14	27.
509	Melanie Bone	F	7.	Female 21-34	2.	Prestatyn	40:49	40:58	28.
510	Sarah Keidel	F	8.	Female 45-49	3.	(Prestatyn)	41:06	41:22	29.
604	Fiona Hall	F	9.	Female 40-44	1.	(Widnes)	41:17	41:31	30.
587	Stephen Coe	M	22.	Male 35-39	2.	(Corwen)	41:21	41:34	31.
592	Les Price	M	23.	Male 35-39	3.	(Holywell)	41:37	41:57	32.
554	Simon Rushton	M	24.	Male 55-59	2.	Marple Runners	41:46	42:18	33.
518	Hazel Cane	F	10.	Female 55-59	3.	Cannock and Stafford AC	43:48	43:59	34.
566	Darren Low	M	25.	Male 50-54	2.	(Connahs Quay)	44:14	44:45	35.
500	Caroline Cartmill	F	11.	Female 21-34	3.	(Manchester)	44:37	44:51	36.
525	Elin Harlow	F	12.	Female 21-34	4.	(Glan conwy)	44:42	45:02	37.
591	Peter Lloyd	M	26.	Male 60-64	5.	Lymm Runners	46:03	46:10	38.
580	Theresa Sharland	F	13.	Female 35-39	1.	Aberystwyth Athletics	45:59	46:21	39.
26	Neil Dunn	M	27.	Male 40-44	4.	(Rhyl)	46:33	46:50	40.
541	Mandy Owen	F	14.	Female 45-49	4.	(Llandudno)	46:33	46:59	41.
549	Rebecca Viggars	F	15.	Female 40-44	2.	Me	46:49	47:04	42.
556	Sara Tuck	F	16.	Female 40-44	3.	(Llandudno)	47:12	47:40	43.
606	Paul Hatherly	M	28.	Male 40-44	5.		46:58	47:40	44.
548	Pete Roberts	M	29.	Male 55-59	3.	(St Asaph)	47:26	48:02	45.
320	Sarah Summers	F	17.	Female 50-54	2.	Lawley Running club	47:48	48:15	46.
517	Jane Beachell	F	18.	Female 55-59	4.	(Llanfairfechan)	47:53	48:18	47.
524	Hayley Cadman	F	19.	Female 40-44	4.	Chester road runners	47:55	48:26	48.
552	Kim Westell	F	20.	Female 35-39	2.	(Glan Conwy)	48:04	48:27	49.

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600	Vicky Jones	F	21.	Female 40-44	5.	(Abergele)	48:25	48:38	50.
533	Alistair Corbelli	M	30.	Male 12-20	2.	(Rhyl)	48:12	49:00	51.
538	David Corbelli	M	31.	Male 45-49	7.	(Mold)	48:13	49:00	52.
532	Edward Corbelli	M	32.	Male 45-49	8.	(MOLD)	48:14	49:01	53.
553	Maria Rushton	F	22.	Female 55-59	5.	Marple Runners	48:52	49:25	54.
555	Cathy George	F	23.	Female 50-54	3.	(Ellesmere Port)	48:52	49:25	55.
511	Molly Dunbobbin	F	24.	Female 21-34	5.	(Prestatyn)	49:41	49:57	56.
568	Donna Martin	F	25.	Female 50-54	4.	Winston Runners	49:15	50:01	57.
501	Janet	F	26.	Female 60-64	1.	(mold)	50:41	50:51	58.
578	Nigel Cooper	M	33.	Male 55-59	4.	(Mold)	50:51	51:06	59.
597	Alan Evans	M	34.	Male 45-49	9.	(Prestatyn)	50:30	51:15	60.
542	Barb Ennis	F	27.	Female 70-74	1.	(Conwy)	51:15	52:03	61.
157	Molly Kelly	F	28.	Female 21-34	6.	(Winsford)	52:04	52:34	62.
577	Naomi Edwards	F	29.	Female 50-54	5.	(Cefnybedd)	52:14	52:50	63.
576	Emma Tilston	F	30.	Female 55-59	6.	(Caergwrle)	52:14	52:51	64.
595	John Bayly	M	35.	Male 55-59	5.	(Liverpool)	53:01	53:12	65.
598	Karl Sadil	M	36.	Male 40-44	6.	(Colwyn Bay)	53:14	53:25	66.
503	David Parry	M	37.	Male 55-59	6.	(Conwy)	53:28	54:16	67.
607	Aaron Evans	M	38.	Male 21-34	5.		54:05	54:29	68.
502	Julie Williams	F	31.	Female 50-54	6.	Aberystwyth AC	54:00	54:38	69.
200	Claire Owens	F	32.	Female 50-54	7.	Rhyl Runners	55:15	55:48	70.
505	Lee Welburn	M	39.	Male 45-49	10.	(Prestatyn)	51:39	55:49	71.
589	Roger	M	40.	Male 80+	1.	Prestatyn Running Club	55:51	56:10	72.
515	Aaron Randles	M	41.	Male 21-34	6.	(Wrexham)	55:45	56:40	73.
516	Derek Randles	M	42.	Male 60-64	6.	(WREXHAM)	55:45	56:40	74.
585	Aimee Williams	F	33.	Female 21-34	7.	Môn Milers	56:24	56:55	75.
550	Zoe Roberts	F	34.	Female 45-49	5.	(LLANDUDNO)	58:01	58:25	76.
551	Ed Wright	M	43.	Male 21-34	7.	(Penmaenmawr)	59:37	1:00:12	77.
506	Danny Williams	M	44.	Male 50-54	3.	(Liverpool)	1:00:16	1:00:43	78.
512	Ffion LI185ta	F	35.	Female 21-34	8.	(Bodelwyddan)	1:06:47	1:07:03	79.

Number of records: 79